



**WE ARE SO EXCITED TO ANNOUNCE THE LAUNCH OF OUR NEW PROGRAM FOR NINJAS IN TRAINING! WE'VE LISTENED TO PARENTS OVER THE YEARS, AND WE'VE ADDED A PROGRAM THAT IS SKILL BASED, FAST-PACED AND GEARED JUST FOR LITTLE BOYS ON ENERGY OVERLOAD!**

**OUR NINJA TRAINING PROGRAM WILL COMBINE MILITARY STYLE OBSTACLE COURSES TO DEVELOP STRENGTH AND SPEED, GYMNASTICS TUMBLING, AND 'NINJA' STYLE MOVES JUST LIKE WHAT YOU WOULD SEE IN A VIDEO GAME OR IN THE MOVIES!**

**THE SPORT OF NINJA IS...**

**"TO MOVE UNINTERRUPTED THROUGH AN ENVIRONMENT OR SERIES OF OBSTACLES WITH FLUIDITY, PROWESS, AND STEALTH. TO USE COMBINATIONS OF SKILLFUL SPINS, ROLLS, FLIPS, JUMPS, AND KICKS TO ELUDE AN OPPONENT."**

**OUR SKILL CURRICULUM IS COMPRISED OF A CLEVER COMBINATION OF GYMNASTICS, MARTIAL-ARTS, BREAK DANCING AND CROSS-TRAINING. BEYOND SKILL OUR CURRICULUM TEACHES:**

**\*CONFIDENCE      \*BEING PART OF A GROUP      \*IMPULSE CONTROL**

**FOR SUCCESS IN SCHOOL, SPORT, AND LIFE, A CHILD THAT LEARNS TO CHANNEL THEIR IMPULSE AND ENERGY TOWARDS A FOCUSED GOAL WILL SUCCEED IN ALL ENDEAVORS.**

**THE NINJA ZONE LEVEL SYSTEM GOES AS FOLLOWS: WHITE-YELLOW-GREEN-BLUE-**

**NEW STUDENTS SHOULD REGISTER FOR NINJA WHITE AND WE WILL GROUP THEM ACCORDING TO AGE. NINJAS WITH MASTERY OF SKILL COMBINATIONS WILL BE PLACED IN EITHER YELLOW OR GREEN.**

**JOIN US IN THE AWESOMENESS!**